

COMPASSION

RESILIENCE

HOPE



**COMPASS ACADEMY**

A RENAISSANCE HIGH SCHOOL

Renaissance, n. - A rebirth or revival

*Meeting the educational needs  
of adolescents seeking help  
with chemical dependency  
and substance use*





## CHALLENGE

### **Addiction is a disease of adolescence.**

According to the National Institute on Drug Abuse, people are most likely to begin experimenting with drugs, including tobacco, alcohol, and illegal and prescription drugs, during adolescence and young adulthood. This makes adolescence a critical time for early detection, intervention, and treatment for substance use.

Having access to effective treatment during adolescence can be difficult due to the unique pressures of keeping up with schooling, and learning valuable social and life skills. A Renaissance High School aims at providing students with everything they need to be successful in school and life, while also addressing substance use issues that may arise because of the unique vulnerability of the adolescent brain during this critical age.

For reference: [www.drugabuse.gov/publications/principles-adolescent-substance-use-disorder-treatment-research-based-guide/introduction](http://www.drugabuse.gov/publications/principles-adolescent-substance-use-disorder-treatment-research-based-guide/introduction).

# OUR PROGRAM



## **What is a renaissance high school?**


In short, it is a secondary school specifically designed to help students stay clear of substance use disorder and dependency. Although each school operates differently depending on available community resources and state standards, each school shares the following goals:

- 1)** To educate all available and eligible students who are in recovery from or at risk of developing a substance use disorder
- 2)** To meet state requirements for awarding a secondary school diploma
- 3)** To support students committed to a strong program of recovery



***“Part of what recovery gives you is faith – faith that as long as you are sober and you stay connected, you can do anything.”***

- Sasha McLean, from the film “Generation Found,” a documentary highlighting a recovery high school in Houston and the growing recovery high school movement.



The team at Compass Academy includes administrators, teachers, substance use counselors, family navigators and mental health professionals that each play a critical role in supporting students. Additionally, recovery schools provide support for families learning how to live with, and provide support for, their teens entering into the recovery lifestyle.

Students may enter the program at any time during their high school years and at any time during the academic year.



## HOPE FOR THE FUTURE

Meeting the needs of adolescents through academic, clinical and community support.

Providing young people at risk of experiencing negative academic and/or life outcomes due to a substance use disorder with the integrated academic, behavioral and psycho-social support needed to graduate high school and acquire the life skills necessary for success thereafter.

**Academic:** Providing core educational services tailored to help each student succeed.

**Community:** Providing field trips, peer support groups, mentoring and after-school enrichment activities.

**Clinical:** Providing certified services such as counseling, group therapy and life-skills development.

# CONTACT

For questions, contact

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