GET A GRIP!

Having self-control can really be hard. For some, walking right by the cookie jar without taking a cookie from it is easy, but for others the opportunity for a free cookie is just too hard to pass up. A lack of self-control can alter the choices we make in life. Failing to get a grip on self-control can lower our defenses, making it easy to give in to peer pressure, and harder to say no when our friends tell us to do something we know we shouldn’t do. Low self-control can lower our ability to pay attention to our teachers or eat healthy food, which could lead to lower grades and a negative self-image.

GET A GRIP! will challenge students to take control of their lives. Students will learn how to exercise self-control when they are in a bullying situation, confronted with negative influences, or when they experience feelings of frustration or anger. They’ll learn that self-control isn’t all about saying “no” to things they enjoy, or missing out on some type of fun, it’s about taking control of their lives in an effort to shape their future.

GET A GRIP! is a 30-minute multi-media experience that will help students see the big picture for their lives - helping them understand that positive self-control leads to satisfying relationships, academic success, and positive feelings about one’s self and others.

CALL TOLL-FREE 1-800-522-6335
HUGE THREE-SCREEN FORMAT!

Multi-Media Impact:
Camfel Productions' GET A GRIP! offers your school a truly unique assembly experience. The blending of popular music, feature-film clips, human-interest stories, and insightful narrative creates the perfect balance of high energy and educational significance.

FREE Follow-up Materials!
A teacher's guide, a program outline and worksheet, and the assembly's very own small-group discussion video (pictured here), are included free with the assembly.

"I always enjoy the shows! Very professionally produced and very entertaining."  
Shannon Boppert - Assistant Principal  
Neff Elementary  
Miamisburg, OH

"Informative and entertaining. Thank you!"  
Melissa Anderson - School Counselor  
Union Elementary Schools  
Rinerburg, PA

"Helps students to be able to talk about issues that are not easy to talk about."  
Shelly Cole - 4th Grade Teacher  
Mettie Jordan Elementary  
Elanco, NM

GRADES K-2  
Available in December, 2011

TWo ELEMENTARY VERSIONS!  

GRADES 3-5  
Available in November, 2011

ADD A POSTER, BANNER, & BUTTONS!

self-control  
the best things are worth waiting for  
patience is a virtue

18"x24" Self-Control Poster 
Hang around campus to advertise the program, then leave them up to remind students of the message presented.

5'x2' Self-Control Banner 
Hang in a prominent place on campus to broadcast the upcoming assembly. Then leave it up all year as a reminder to students.

Self-Control Buttons (100 pcs.) 
These 3" buttons will help generate interest in the program and serve as a reminder of what was seen. (3 designs)

Package Price: $110.00 (items may be purchased separately)

CALL TOLL-FREE: 1-800-522-6335 WWW.CAMFEL.COM
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